



Name: _____

Class: _____ Date: _____

Friendship First-Aid Kit

An activity of "Tee and Boba"

Read "Tee and Boba" (page 28, *What's Up*, October 2026). The comic shows how being a good friend can sometimes mean slowing down, staying close, and helping someone take things one step at a time.

1. Think about some times when a friend helped you through a difficult moment. The help need not be big gesture. For example, it could have been a time when someone listened while you shared an issue, waited for you, helped you to understand something, made you laugh when you were upset or just gave you some space. With a partner, recall and list three examples here ↓.

What happened?	How did the person help?	Why was it helpful?
<i>e.g. I was nervous about a performance on stage.</i>	<i>My friend helped me by practicing with me.</i>	<i>I felt more prepared.</i>

2. Discuss with your partner: what these examples tell you about supportive friends.
3. A real first-aid kit contains many items. They act as tools for various injuries. On the next page, create an imaginary Friendship First-Aid Kit.

Helpful Action	Turned into a Friendship First-Aid Tool
<i>e.g. waiting for a friend</i>	<i>Patience Plaster</i>

4. Fill in the Friendship First-Aid Kit graphic organiser ↓.

Friendship First-Aid Kit



Tool #1:	Tool #2:
Use when How it helps	Use when How it helps

Tool #3: Use when How it helps	Tool #4: Use when How it helps	Tool #5: Use when How it helps
Tool #6: Use when How it helps	Tool #7: Use when How it helps	Tool #8: Use when How it helps

A good friend is someone who _____