



Name: _____

Class: _____ Date: _____

Best Birthday on a Budget

An activity of "These stars have July birthdays. So what?"

Read "These stars have July birthdays. So what?" (page 17, *What's Up* August 2026). This article explores the history of birthdays and the ways in which they are celebrated. Nowadays, we sometimes celebrate by throwing birthday parties. Try planning one that is both meaningful and thrifty. Work in small groups of two or three.

1. Respond to these questions to get started on thinking about birthdays. Share your thoughts with your group.
 - Of the traditions mentioned in the *What's Up* article, which one would you most like to experience? Share why.
 - Describe your most memorable birthday. What made it so special?
 - What do you think is the purpose of celebrating birthdays?
2. A friend's birthday is approaching. You and two other friends would like to give him/her a birthday treat. For the four of you, you have only \$40 to spend. Plan for the most meaningful birthday treat possible without spending beyond the \$40 budget. Before that, complete this table to get you started:

About the friend

Who is this birthday treat for? _____ Age: _____

What are this friend's interests and the things he/she loves to do?

What will make this friend feel special and loved?

A MEANINGFUL BIRTHDAY FOR

OUR PLAN

THEME / IDEA

VENUE

ACTIVITIES

FOOD / DRINKS

SPECIAL SURPRISE

KEEPSAKE / MEMORY

ITEM

ESTIMATED COST

TOTAL=

- WU232-IDEAS/ly