

Recipes for Everyday Mysteries

An activity of "Tee and Boba"

Read the comics, "Tee and Boba" (page 28, *What's Up* March 2026). Tee delighted in wondering about little mysteries around him. Like him, you may find funny everyday "life mysteries" around you as well. Work in pairs or threes to discover more.

1. From the comic, which was the most relatable "life mystery" to you? Why?

Contagious Yawns

Easy Recipe



Ingredients:
1 sleepy / bored person, at least 1 other person (the more the merrier) nearby, 1 glance at the clock, 1 quiet space, 1 big, audible yawn

Instructions:

1. First, place your group in a quiet space. (it could be a classroom, lift, MRT cabin, or dinner table)
2. Next, prompt 1 sleepy / bored person to glance at the clock
3. Then, allow the person to yawn naturally. Ideally, it should be big and audible.
4. After that, make sure at least one other person sees the yawn. Initially, the person may try to resist it.
5. Meanwhile, let the room fall into silence, where everyone suddenly becomes aware of their own mouth.
6. Then, observe the first copycat yawn.
7. Finally, wait 10-20 seconds as the yawns travel like invisible dominoes.

Serving suggestion:
Best served during assemblies, long lessons, air-conditioned rooms or right before a test.

Today, you'll write something like this

← example, but with your own Recipe for Mystery!

2. With your partner, choose your mystery.

- Can't stop laughing
- Other people's snacks taste better
- Red traffic lights feel longer than green
- Lift doors close just before you reach
- Queue moves faster after you leave
- Our own mystery:

3. Plan your recipe in the table below. Then, write and illustrate the final recipe using one of the recipe templates.

	CATEGORY	NOTES
1	SETTING Where does it happen? (bus stop / school corridor / MRT/ classroom)	
2	MAIN CHARACTER Who is in your recipe?	
3	MOOD / EMOTION (impatient/ embarrassed / annoyed / amused / nervous / disappointed / confused)	
4	INGREDIENTS Write at least 6 ingredients. Include: <ul style="list-style-type: none"> • 2 people / things • 2 feelings • 1 weird/ funny mystery ingredient e.g. 1 sprinkle of bad timing, 1 stubborn traffic light • 3 tablespoons of impatience 	i) ii) iii) iv) v) vi)
5	DIRECTIONS Write 6 to 10 steps. Requirements: <ul style="list-style-type: none"> • Start your steps with verbs (imperatives): walk, wait, stare, check, pretend, whisper etc. • Use at least 4 sequencing words: First, next, then, after that, meanwhile, finally etc. • Include one sensory detail: sight / sound/ feeling 	
6	CHEF'S NOTES Tick the main cause type for your mystery. This mystery is mainly: <input type="checkbox"/> Body (physical reaction) <input type="checkbox"/> Brain (attention, feelings, perception) <input type="checkbox"/> Social (people pressure, politeness, copying others)	Write 2-3 lines using "because" / "so" / "therefore": <u>Chef's Notes:</u> This happens because _____ So, _____ Therefore, _____
7	Warning label: Something funny but true.	"Warning: May cause _____

4. Use the template on the next page to write up your recipe.

Ingredients:

Instructions:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

Serving suggestion:

5. Contribute your recipe to a “Recipes for Everyday Mysteries” book by your class. Enjoy browsing through the book!