



Name: _____

Class: _____ Date: _____

Let's Connect in Person!

An activity of "Walking to make friends".

Meeting people online may seem like an easy and quick way to make friends. But, virtual interaction is not as rich and deep as connecting in person. Read "Walking to make friends" and "Fitting In: First Hellos" (pages 20-21 & 24, *What's Up* August 2025), about three people who used walking to connect with others.

A. Using the *What's Up* story, write how the main characters connected with others.

Making Connections	
How walking with others helped Jacqueline Asimwe connect with them:	

How Chloe Tam and Ying Tsui connected with strangers during their pilgrimage:	

B. Think of the pros and cons of meeting people virtually and in-person. List them in the table below. You may use the *What's Up* story to give you some ideas.

Meeting With People Virtually	
Pros	Cons
◆	◆
◆	◆

Meeting With People In Person	
Pros	Cons
<p>◆</p> <p>◆</p>	<p>◆</p> <p>◆</p>

C. Think of a student at school whom you would like to know better. Invite the person to join you during recess to eat, go for a walk, or play a game. To help you connect, think about the items below and jot down your answers.

Name of person: _____

Things I have in common with him/her: _____

Questions to ask in order to know him/her better: _____

What to share about myself: _____

<p>To connect well:</p> <p><input checked="" type="checkbox"/> Pay attention and remember what the other person is sharing.</p> <p><input checked="" type="checkbox"/> Make eye contact. Smile and nod to show that you are listening and that you care.</p> <p><input checked="" type="checkbox"/> Do not fidget, yawn or be distracted by something that is happening around you.</p> <p><input checked="" type="checkbox"/> If you would like to, follow up by suggesting that you get together again.</p>

D. How was the experience of connecting with the person? What did you learn about yourself?
