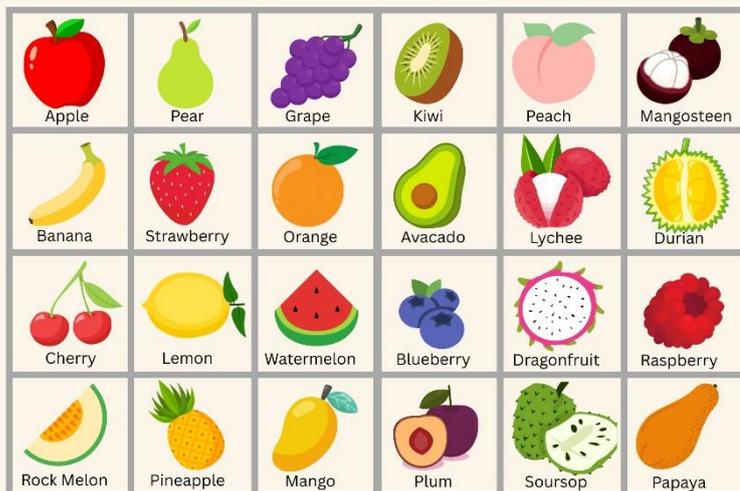


Our Fresh & Fruity Recipe

An activity of "The mystery behind fruit ripening".

Read "The mystery behind fruit ripening (page 19, *What's Up* June 2025). Work in pairs.

CLIMACTERIC	NON-CLIMACTERIC



1. Cut out these images. Place each square into the correct column above.

Climacteric fruits are those that continue to ripen after being harvested.

Non-climacteric fruits do not ripen further once picked.

2. Based on the *What's Up* article, discuss why it is useful to know if a fruit is climacteric or non-climacteric.

3. Using the template on the next page, create an infographic poster on a recipe for a fruit salad or dessert. Include at least one climacteric fruit and one non-climacteric fruit. Give reasons for choosing your fruits (e.g. mangoes are sweet, and their soft texture is perfect with smooth, yummy ice cream). Include an ingredients list, step-by-step directions, and a couple of fun tips (e.g. how to keep the fruits fresh).

OUR

RECIPE

INGREDIENTS

DIRECTIONS

TIPS:

4. Share your recipe with your class.