

## Small Joys & Big Dreams

*An activity of "Tee and Boba".*

Read the comics, "Tee and Boba" (page 28, *What's Up* May 2025). In the comics, Tee and Boba explore the value of having both small joys in life and big dreams.

1. Follow the instructions to fill in the clouds and ladder rungs.



**MY BIG DREAM**

At the top of the ladder, write your Big Dream (e.g. play in a band). On the rungs of the ladder, write 3-5 small present actions you can take to move toward that dream.(e.g. learn to play an instrument.)

Fill up the small clouds with small joys you have experienced recently.  
e.g. Got a hug, played with your pet, ate pancakes, read a great book etc

2. Reflect on the joys and big dream you have presented above.

a) Which small joy made you smile the most as you filled in the little clouds?

b) How do small joys help you to keep climbing towards your dream?

c) Why is it important to enjoy the present AND work towards the future?

3. An acrostic poem is a fun kind of poem where the first letter of each line spells out a word when read downwards. Compose an acrostic poem using the word, "DREAM".

For each letter, write:

- about the small joys related to this dream
- the little steps you are taking towards your dream
- what your dream is.

Here is an example:

**D**ecorate cupcakes with mom  
**R**emember a recipe by heart!  
**E**njoy whipping egg whites  
**A**romas of baking thrill me  
**M**y dream is to run a bakery!

4. Revisit your clouds-and-ladder mini poster and your acrostic every now and then as a reminder of your small joys and big dream!



**D** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
**R** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
**E** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
**A** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
**M** y dream is \_\_\_\_\_  
\_\_\_\_\_