



Name: \_\_\_\_\_

Class: \_\_\_\_\_ Date: \_\_\_\_\_

## Taking Action: Our Stories

*An activity of "Cleaning up a mangrove in Mexico".*

Read "Cleaning up a mangrove in Mexico" (page 12, *What's Up* April 2025). Some women faced a huge challenge trying to clean up the mangrove near their village. But, they were determined to do whatever they could to achieve their goal.

- A. Use the *What's Up* story to detail how the Guardianas del Conchalito women overcame each obstacle in their path.

| Cleaning Up the Mangrove                                 |  |
|--|--|
| Obstacle   | How the Guardianas del Conchalito women overcame it: |
| 1. Lorries were entering the village to dump garbage.    |  |
| 2. Water was not flowing into the mangroves.             |  |
| 3. Shellfish was fast disappearing from illegal fishing. |  |
| 4. The village was being ruined by drug dealers.         |  |

B. Recall past obstacles and how you overcame them. Record them in the table below. Let this journal be an encouragement to you as you navigate through future challenges.

| <b>Overcoming Obstacles</b> |                    |
|-----------------------------|--------------------|
| Obstacle                    | How I overcame it: |
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**How to overcome an obstacle:**

- Look for its cause.
- Think of ways to overcome it.
- Look for more information if needed.
- Make a plan.
- Ask for help.
- Take action.