



Name: \_\_\_\_\_

Class: \_\_\_\_\_ Date: \_\_\_\_\_

## Taking Action: Our Stories

*An activity of "Cleaning up a mangrove in Mexico".*

Read "Cleaning up a mangrove in Mexico" (page 12, *What's Up* April 2025). Some women faced a huge challenge trying to clean up the mangrove near their village. But, they were determined to do whatever they could to achieve their goal.

- A. Use the *What's Up* story to detail how the Guardianas del Conchalito women overcame each obstacle in their path.

Cleaning Up the Mangrove	
Obstacle	How the Guardianas del Conchalito women overcame it:
1. Lorries were entering the village to dump garbage.	
2. Water was not flowing into the mangroves.	
3. Shellfish was fast disappearing from illegal fishing.	
4. The village was being ruined by drug dealers.	

B. Recall past obstacles and how you overcame them. Record them in the table below.  
Let this journal be an encouragement to you as you navigate through future challenges.

Overcoming Obstacles	
Obstacle	How I overcame it:
Obstacle	How I overcame it:
Obstacle	How I overcame it:

**How to overcome an obstacle:**

- Look for its cause.
- Think of ways to overcome it.
- Look for more information if needed.
- Make a plan.
- Ask for help.
- Take action.