

About Friendship My Words of Wisdom

An activity of "Fitting In: Easing out of friendships"



Read "Easing out of friendships" (page 24–25, *What's Up* March 2025). What a dilemma for Josh — he does not want to hurt Lee's feelings, but he also wants to be an honest friend. What would you say to each of them if you were asked for your advice?

1. Write two letters — one to Josh and the other to Lee. Imagine what it feels like to be in their situation. Have compassion. They are both kind and caring kids. Neither has done anything wrong. Use your words to help them to deal with the situation.

Draft each letter by responding to these prompts in point form below.

- *What can you say to make him feel good about himself?*
- *If you were in his shoes, what would you do? Is this your advice for him?*
- *In what ways do you think he can mature through this experience?*
- *Are there hopes you have for him regarding friendships in general?*

Dear Josh,

A red outline of a letter template. It has a scroll effect at the top left and bottom right corners. The text "Dear Josh," is written in a small box at the top left.

Dear Lee,

A blue outline of a letter template. It has a scroll effect at the top left and bottom right corners. The text "Dear Lee," is written in a small box at the top left.

2. On a fresh sheet of paper, compose your letters using complete sentences. Read your letters out loud to yourself. Listening to your own voice saying your words helps as you edit your letters and make them just right.