

Create an Outdoor Game!

An activity of "The Joy of Outdoor Play".

Read the article, "The Joy of Outdoor Play" (page 14–15, *What's Up* February 2025).

1a) What do think are some of the benefits of outdoor play?

1b) What is one of your favourite outdoor-play activities? Does it share similarities with any of those mentioned in the article?

2a) Imagine you and your partner are game designers. Your mission is to create an outdoor game using everyday objects. Here is a suggested materials list. Use at least three of these items in your game.

Socks	Ping pong balls	Pebbles
Towels	Hula hoops	Sticks
Paper cups	Jump rope	Leaves
Plastic bottles	Bean bags or soft toys	Marbles
Balloons	Markers / chalk	Pails
Strings/ twine	Plastic spoons	Coconut
Toilet rolls	Paper plates	_____
Boxes	Old newspaper	_____

2b) Brainstorm your game idea! Here are some points to consider:

- Are there ideas you can adapt from existing sports e.g. table tennis, bowling?
- Will it be a team/paired/individual game? How many players?
- What movements are there? (e.g. jumping, hopping, throwing, balancing, etc.)
- What is the game's objective? (e.g. scoring points, racing, bonding)
- What are the game rules?
- How does the player/team win the game? (e.g. how to score, time limit, etc.)
- What are the materials needed?
- Can you think of a catchy name?

Use this template to put together your game ideas. Then, present it to your class.

OUTDOOR FUN!

Our game is called:

Number of players

Materials needed:

Game Rules:

Objective

How to Win:



STEP-BY-STEP INSTRUCTIONS



Step 1

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Step 2

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Step 3

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Step 4

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Step 5

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Step 6

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Step 7

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Step 8

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