

Class: _____ Date: _____



Create an Outdoor Game!

An activity of "The Joy of Outdoor Play".

Read the article, "The Joy of Outdoor Play" (page 14–15, *What's Up* February 2025).

1a) What do think are some of the benefits of outdoor play?

- 1b) What is one of your favourite outdoor-play activities? Does it share similarities with any of those mentioned in the article?
- 2a) Imagine you and your partner are game designers. Your mission is to create an outdoor game using everyday objects. Here is a suggested materials list. Use at least three of these items in your game.

| Socks | Ping pong balls | Pebbles |
|-----------------|------------------------|---------|
| Towels | Hula hoops | Sticks |
| Paper cups | Jump rope | Leaves |
| Plastic bottles | Bean bags or soft toys | Marbles |
| Balloons | Markers / chalk | Pails |
| Strings/ twine | Plastic spoons | Coconut |
| Toilet rolls | Paper plates | |
| Boxes | Old newspaper | |

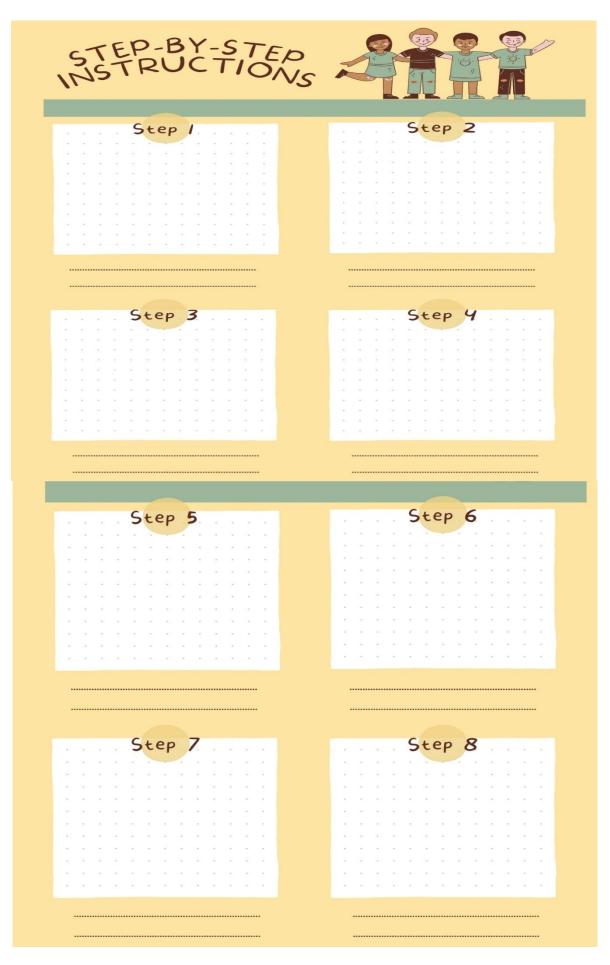
2b) Brainstorm your game idea! Here are some points to consider:

• Are there ideas you can adapt from existing sports e.g. table tennis, bowling?

- Will it be a team/paired/individual game? How many players?
- What movements are there? (e.g. jumping, hopping, throwing, balancing, etc.)
- What is the game's objective? (e.g. scoring points, racing, bonding)
- What are the game rules?
- How does the player/team win the game? (e.g. how to score, time limit, etc.)
- What are the materials needed?
- Can you think of a catchy name?



Use this template to put together your game ideas. Then, present it to your class.



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