

Before You Discard...

An activity of "A wild shrub transforms the lives of highland farmers in Nepal"

Read "A wild shrub transforms the lives of highland farmers in Nepal" (page 16, *What's Up* July 2024).

1a) Watch a video on how a paper cup is turned into a basket.

Awesome Basket From Paper Cup | Astonishing Diy Handmade Craft

➤ https://youtu.be/SWR2BR-Ouf0?si=rsD47rl_cSdSW9hc

(Tatzkreen Art, 29 Jun 2021)

1b) Can you think of other items that a paper cup could be upcycled into? List your ideas in point form here.

2a) In small groups, go on a scavenger hunt around your school. Look for items that can be used for the upcycling ideas below. Name or draw the items in their corresponding boxes.

20 UPCYCLING IDEAS

1 A POTENTIAL PEN-HOLDER	2 SOMETHING THAT CAN BE A SHOPPING BAG	3 MATERIAL FOR A FRIENDSHIP BRACELET	4 A POTENTIAL BOOKMARK	5 A POSSIBLE GIFT BOX.
6 MATERIAL FOR AN ART PROJECT	7 SOMETHING TO ORGANISE MY SPACE	8 A POTENTIAL PLANT POT/ HOLDER	9 A PALETTE FOR PAINT	10 SOME PLASTIC THAT CAN BECOME A...
11 SOMETHING TO BEAUTIFY MY SPACE	12 SOME PAPER THAT CAN BECOME A...	13 SOMETHING TO MAKE A SUNCATCHER	14 MATERIAL FOR DIY JEWELLERY	15 SOMETHING TO MAKE A KEYCHAIN
16 MATERIAL FOR A DIY PHOTOFRAME	17 SOMETHING TO MAKE A STRESSBALL	18 SOME METAL THAT CAN BECOME A...	19 SOMETHING TO MAKE A WIND-CHIME	20 SOME FABRIC THAT CAN BECOME A...

2b) In your groups, select one item from your scavenger hunt and think about what it can be converted into (e.g. turning a bottle into a terrarium).

2c) Produce a brief how-to-upcycle comic strip that shows the steps involved in transforming the item into the upcycled product. You may use the template below or come up with your own.

OUR UPCYCLING IDEA:

TURNING _____
INTO _____

STEP 1:	STEP 2:	STEP 3:	STEP 4:
STEP 5:	STEP 6:	STEP 7:	STEP 8:

3a) Present your upcycling comic strip (and if possible, the upcycled item) to the class.

3b) What did you enjoy most about the scavenger hunt and upcycling activity?

3c) Does this activity change the way you think about reusing what you already have instead of buying new items? Elaborate.