



Name: \_\_\_\_\_

Class: \_\_\_\_\_ Date: \_\_\_\_\_

## Ways to Cope

*An activity of "Extreme heat disrupts daily life in Asia".*

With heatwaves becoming more severe and frequent, how are people affected and how do they cope?

1. Read "Extreme heat disrupts daily life in Asia" (page 10, *What's Up* June 2024). Fill in the details below.

How people in Asia coped during heatwaves	
A) Schools	
B) Small businesses	
C) Those who work outdoors	
D) Farmers	
E) Office workers	

2. Watch this video on how to survive a heatwave.

**How to survive a heat wave, according to science**  
➤ <https://www.youtube.com/watch?v=ter31IGeXzs>  
(How to Survive, 4 Nov 2019)

3. Write out a plan on how you can cope during a heatwave in Singapore.

<b>Coping during a heatwave in Singapore</b>	
A) Use water	
B) At home	
C) Go out	
D) Miscellaneous	