

Synthesis & Transformation

An activity of the stories about the Olympic Games

Often, there are many ways to express an idea in words. The sentences below are adapted from the stories about the upcoming Olympic Games (page 24–27, *What's Up*, June 2024). Rewrite each pair into a single sentence using the given helping words.

1. Fast-twitch muscle fibres are larger and help your body move quickly and generate significant force. Sprinters tend to have an abundance of fast-twitch muscle fibres.

_____, *which*

_____.

2. You can teach your body to use the best running techniques. You can also improve your running form by using your whole body well.

Besides _____

_____.

3. These children get opportunities to compete in these sports at a young age and therefore have the time to become world-class athletes.

_____ *since*

_____.

4. These flames will pass through 50 cities around the country before meeting in the Île-de-France region in preparation for the opening ceremony in Paris.

After _____

_____.

5. These athletes achieved great things even though they did not come from the biggest or richest countries.

Despite _____

_____.

6. New Zealand has only five million people but regularly finish in the top 20.

Although _____

_____.

7. This inspires future generations of boxers. As a result, Cuba has won gold medals consistently for 50 years.

_____ *because*

_____.

8. There are several reasons why some people can run very fast. Genetics play a role, but so do their choices and experiences.

_____ *include*

_____.

9. The United States and China will usually be in first and second place. European countries like Britain, Germany, and France will often be in the top ten.

_____ *whereas*

_____.

10. Laure Manaudou is also one of four relay captains, alongside her younger brother Florent Manaudou, para-triathlete Mona Francis, and para-athlete Dimitri Pavadé.

Besides _____, the other _____

_____.