

## A Note to My Buddy

*An activity of "Friendships without borders"*

The story "Friendships without borders" (page 26–27, *What's Up* March 2024) explores friendships between sportspeople despite rivalry and differences in culture and language. Let's take some time to appreciate our own friendships right here where we are.

1. Pick a friend and complete the letter below to that friend. Read it to that person when done!

<p>a) Who is this friend? How did you come to be friends?</p> <p><i>Suggestions:</i></p> <p><i>Where and when did you first meet?</i></p> <p><i>What do you enjoy about their company?</i></p> <p><i>What do you have in common?</i></p>	<p>Dear _____,</p> <p>Do you remember when we first met? It was when</p> <p>_____</p> <p>_____</p> <p>We spent so much time _____! I really enjoyed _____.</p> <p>_____</p> <p>No wonder we are friends — we both love _____.</p> <p>_____</p>
<p>b) Share what you appreciate about your friend.</p> <p><i>Suggestions:</i></p> <p><i>What are you thankful for? E.g. their admirable qualities, their company, their sense of humour and acts of kindness.</i></p>	<p>I just want to write and say I appreciate you for</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Your friendship means a lot to me and I hope</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Here's to many more years of friendship ahead!</p> <p>Love,</p> <p>_____</p>