

Name:	·
Class:	Date:

Cooking with Sorghum An activity of "Indonesia wants its people to eat ... more sorghum"

Read "Indonesia wants its people to eat less rice and more sorghum" (page 10, What's Up March 2023). It is time to do your part to promote less-known grains such as sorghum. Create a sorghum recipe book that you and your classmates can use at home.

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should have:

1) Based on the information in the article, fill in the following cloze passage with suitable words:
Indonesia's government is encouraging its farmers and people to eat sorghum to (a)
the country's dependence on rice and wheat. (b) weather conditions, such as floods
and droughts, have led to a (c)of rice, driving up prices. The country also struggles to
import wheat, which does not grow in its tropical (d) Prices have risen since Ukraine, one of the
world's (e) wheat suppliers, was invaded by Russia. Sorghum, which is high in protein, calcium,
fibre, vitamins, and (f) such as iron, can be grown locally and is more (g) than many
people believe. Sorghum is also (h) slowly, making people feel full for longer and preventing
overeating. Additionally, sorghum can be ground into (i) and used to make bread, pasta, and
instant noodles, a staple in Indonesia. The government is (j) to boost Indonesia's sorghum
cultivation area from 4,000 to 300,000 hectares by the end of 2024. Sorghum grows well in harsh
conditions and (k) little water, making it (l) for Indonesia's climate and offering better
food security for Indonesians in the face of unpredictable global climate conditions.
IN SMALL GROUPS
2) Form small group of two or three. Select four or five sorghum recipes that looks delicious to you. With the permission of your parents/guardians, try making them at home. You may do this in pairs or individually, with an adult to supervise. Here are three websites with interesting sorghum recipes for you to consider:
20 Tasty Sorghum Recipes You Need to Make Right Now https://www.eastewart.com/recipes-and-nutrition/ancient-grains-20-sorghum-recipes-youll-love/by EA Stewart (10 January 2022)
25 Best Sorghum Recipes and Menu Ideas ➤ https://insanelygoodrecipes.com/sorghum-recipes/ Insanely Good (10 October 2022)
10 Best Sorghum Recipes
► https://www.yummly.com/recipes/sorghum Yummly (2022)

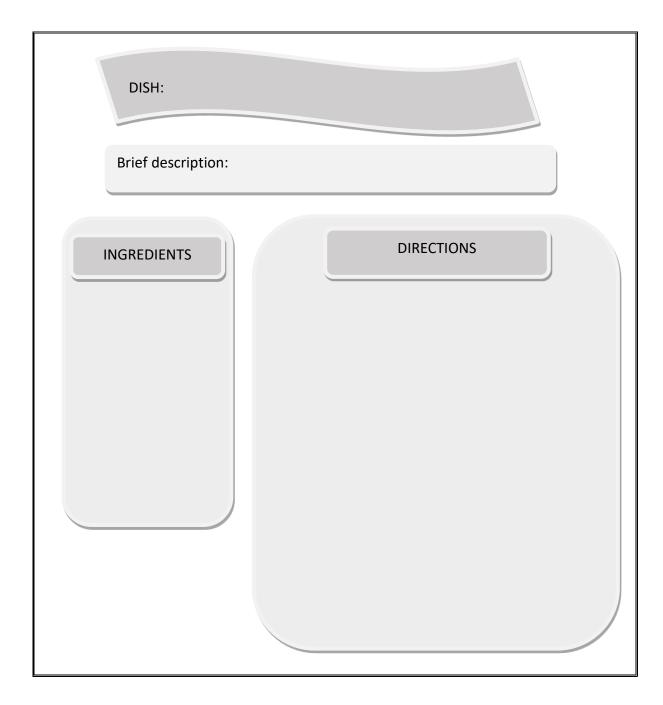
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a page for each recipe for your recipe book. To standardise the look of the recipe pages, each page

• A brief description (for example, which country the dish is from and what it is served with)

• A picture of the sorghum dish (either a photograph or a sketch)

• Ingredients (all the items needed to make this dish) • Directions (simple step-by-step instructions)



5) Save each typed recipe as a separate Word document. Insert that recipe's illustration (the photo or the drawing). Save the document with the name of the recipe in the file name, your group's name, and the date given in the file name.

AS A WHOLE CLASS

- 4) Take turns to present each group's three recipes to the class. After each presentation, ask the presenters questions to clarify any parts that were not clearly written. The groups can then use the feedback to improve their recipes.
- 5) Have two or three students volunteer to be the layout team. Every group then emails its three recipes to the layout team. The layout team compiles all the recipes into a single file, adds a cover page, and a last page listing all the contributors.
- 6) With your teacher's permission, share the digital copy of your recipe e-book. Those who want a hard copy can then print it out. Consider giving a print copy to your school library!

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