



Name: _____

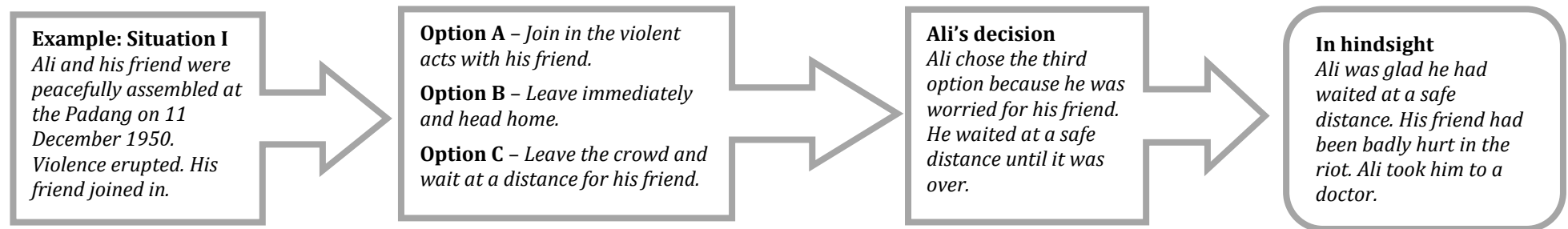
Class: _____ Date: _____

I See Options

An activity of the Maria Hertogh series

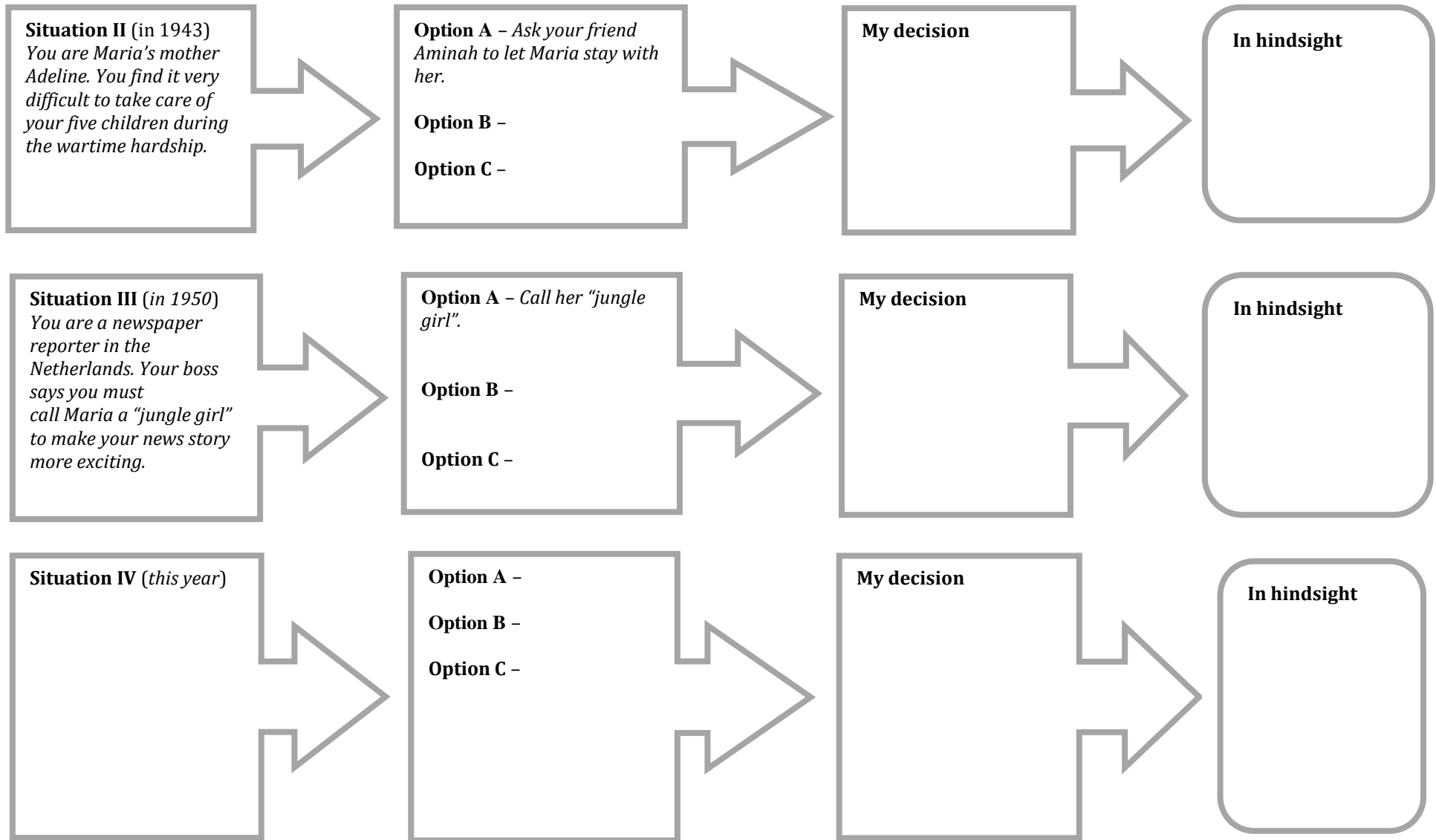
Have you heard anyone say, "I had no choice!"? You may have said it yourself when you felt there was only one thing you could do in a situation. As you read the stories in the Maria Hertogh series, you would have come across people who felt they had no choices. Yes, in almost all real-world situations, there are choices. Some of the options may not be acceptable to you. Regardless, you can make better decisions when you are aware of your options.

For example, in this example, a teenager Ali quickly imagined his options before deciding which to do.



Now it is your turn.

1. Complete the following flowcharts. You may write in point form. For Situations II and III, imagine you were there in Maria's lifetime. Situation IV refers to your own school life this year.



2. Spend a few minutes reflecting on the mental steps you took to come up with options for each the scenarios above.

a) Which part was the hardest to do in this process?

b) What was the easiest part for you?

c) In what ways has this activity helped you to see how listing your options can be helpful?

3. Share your thoughts with a friend.