

# Empathy Shoes

*An extension of several What's Up January 2023 stories*

It is sometimes hard to know what a day in the life of someone far away might be like. When we have very little information about them, we must use our imagination. And, in doing so, we can develop empathy. To **empathise** is to feel a connection with someone by imagining what that person feels and thinks. It is time to put on your Empathy Shoes for this activity!

1. Divide your class into eight groups, with every group having about the same number of students.
2. Pick one of the following for each group, with no two groups getting the same character. You can do this either on a first-come-first-served basis or by drawing lots.

GROUP 1	GROUP 2	GROUP 3	GROUP 4
			
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GROUP 5	GROUP 6	GROUP 7	GROUP 8
			
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3. As a group, read the story that your group's character appears in. The stories are all in the January 2023 issue of *What's Up*. The story will not tell you what the person does on a typical day. And so, use your imagination to prepare a five-minute oral presentation titled "A Day in the Life of \_\_\_\_\_".
4. Take turns to share your group presentations with the whole class. Then, reflect on what this experience in empathy was like for you.