

## Nature Heals

*An activity of "Chimpanzees know how to use medicine"*

Read "Chimpanzees know how to use medicine" (page 16-17, *What's Up* April 2022). The article mentions several plants and even animals that have been used by humans or other animals for treating their ailments. Work on this activity in small groups.

1. Describe three of them in the table below.

Plant / Animal	Used by	What it is used for
e.g. leech	humans	to clean wounds.
a)		
b)		
c)		

2. Watch the following video:

**Leeches Cure** ➤ <https://youtu.be/aTsJDPctfCY> (National Geographic, 7 Dec 2012)

What do you think of using leeches as a cure for an ailment?

3a) Ask an older person (e.g. a relative, neighbour, teacher) to share a natural remedy they use to treat an ailment or for general good health. Examples: honey, ginger, turmeric, wolfberries, aloe vera, etc. Find out more about the remedy at the library or by searching the internet.

c) Present your findings, along with the real item, at a Show and Tell in class.