



Name: _____

Class: _____ Date: _____

A Very Hard Decision

An activity of "A Champion Decides to Stop"

Read "A Champion Decides to Stop" (page 22-23, *What's Up* April 2022). The story tells us why the world's top female tennis player, Ash Barty, decided to retire from professional tennis at 25 years old. She was at the peak of her career.

- 1) Based on clues in the text, suggest reasons why you think she made the decision to retire.

- 2a) Think about a difficult decision that you made recently. What was it about?

- b) Why was it difficult to make this decision?

- 3a) Imagine yourself 10 years into the future. Write a letter to "Future Me" (that is, yourself). In your letter, look back on this decision that you had made. Use the template on the next page to get started.

- 3b) Write out the final version of your letter on a fresh sheet of paper. You may change the flow and the words to express your thoughts and feelings in your own way. Decorate the border. Seal it and keep it carefully so that you can read it again in 2032.

Dear Future Me,

MY DRAFT

Ever since I made the decision to _____
_____, my life has been
_____.

I believe I made the right/ wrong decision because _____
_____.
_____.

Looking back, I was afraid of making the decision because _____
_____.
_____.

This is what my life is right now. I feel _____ because
_____.
_____.

I have accomplished _____ because
_____.
_____.

If I could go back in time, a word of advice I would give myself is this:

_____.

I know that the freedom of choice is a gift I must use wisely. Yet, no matter what my decisions were in the past, or will be in the future, I will make the best of the outcomes. That way, I know that I will grow stronger every day.

With love,

3c) In 2023, read your letter! By then, it may be a precious memento of your childhood.