

Unfamiliar Foods

An activity of "Don't throw away that banana peel. Cook it."

Read "Don't throw away that banana peel. Cook it." (page 18, *What's Up*, April 2021). British chef Nigella Lawson shocked her television viewers when she cooked banana skins. What we do not think of as food may be something eaten by people in another culture. Let's find out more.

- As a whole class, watch this video:
 "Exotic Thai food tour in Bangkok with Mark Wiens!" (Best Ever Food Review Show, 2018)
 ➤ <https://youtu.be/nZ3Zc1DJ0gY>

- Individually, respond to the show you watched by answering these questions.

		<i>Jot down your answers in point form here.</i>
a	Which food item would you be <i>most willing</i> to try? Explain why.	
b	Which food item would you be <i>least willing</i> to try? Explain why.	
c	What are some of your thoughts after watching the video?	
d	What is the most unusual food you have ever eaten? Describe your experience.	
e	What is one type of food which you would highly recommend, although you think others may not like the idea of eating it?	

- As a class:
 - list everyone's responses on the board.
 - Identify similarities and differences in the answers.
 - Discuss why it is good to be aware of different views about foods that are seen as exotic here in Singapore.