| Name: | |
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Amazing Volunteers

An activity of "Cleaning up Bali"

Do you have great ideas for what to do as a volunteer? Do you hesitate because you think your ideas may be too hard to carry out? Read "Cleaning up Bali" (page 12, *What's Up* June 2021). Do this activity to learn what other volunteers have done.

1. Learn more about other amazing volunteers like Gary Bencheghib. Read the three descriptions of work done. Then, match the names to the stories. You may surf the internet to get your answers.

HENRY & CHRISTINE LAIMER TERESA HSU AFROZ SHAH

1. VOLUNTEER(S): _____

This young lawyer was disgusted by the smelly filth — paper, plastic, decomposing waste and such — that overwhelmed Mumbai's Versova beach. He and his 84-year-old neighbour decided to clean the beach by themselves. It was a seemingly impossible task. Surprisingly, after a while, individuals and small groups of people joined them. Eventually, hundreds of volunteers joined them every week. They removed over 4,000 tons of rubbish from the beach. In 2016, the United Nations Environment Programme awarded him the Champions of the Earth award.

2. VOLUNTEER(S): _____

An article in the *Straits Times* about how bakeries were discarding unsold bread inspired an Austrian couple living in Singapore. They channeled this unsold food to families in need. In February 2003, along with 120 volunteers, they started Food from The Heart. Today, they have more than 1,000 volunteers. Many people have received help from this programme.

3. VOLUNTEER(S): _____

She was affectionately known as Singapore's Mother Teresa. She had served as a social worker in China and Paraguay, and then as a nurse in England. She came to Singapore in the early 1960s. Her sister Ursula was then the principal of CHIJ in Bukit Timah. Together, the sisters bought some land and set up the Home for the Aged Sick to care for the sick and destitute elderly. She served as the matron of the home. Later, the sisters worked with the Rotary Club so that more people could be helped. After retirement she set up the Heart-to-Heart Service which provided food, clothes, and cash contributions to those in need.

These volunteers have one thing in common — each one started by taking small steps towards his or her goal. Then, seeing their good work, more volunteers joined them. What we see today are the wonderful ways in which their efforts have made the world a better place.