



Name: _____

Class: _____ Date: _____

You're Beautiful!

An activity of "How I define beauty"

Winnie Harlow mentioned in her TED talk, "I was bullied, I was alienated, even by people who did not mean to alienate me". Parents of her only two friends told them to avoid her as they "might catch her skin condition".

1. Read "**How I define beauty**" (page 18, *What's Up* June 2020) to learn about how this amazing person turned her life around despite these hurdles. We can learn a lot from her.
2. In her TED talk, Winnie Harlow defines beauty in her own terms, and poses this question to us:
"What do you find the most attractive in a person?"

a) Think about this for a moment and write your response below.

b) Have you ever been told by someone to change how you look? Or, have you yourself felt you needed to change your appearance? Describe what it was.

3. "Comfortable: 50 People 1 Question" is a video that captures some people's responses to the question, "If you could change one thing about your body, what would it be?" Watch the video at <https://youtu.be/f0tEcxLDDd4>.

a) What was ONE response from an adult that you found memorable? Why?

b) What was ONE response from a child that you found memorable? Why?

c) What was ONE difference you noticed between the adults' responses and the children's responses?

