

# I Define Myself

*An activity of "How I define beauty"*

If the faith we have in ourselves depends on the way others view us, we are limiting ourselves. In **"How I define beauty"** (page 18, *What's Up* June 2020), Winnie Harlow explains how she became a world-famous model despite having vitiligo (a skin condition). Read this inspiring story carefully and answer the following.

Complete the following statements by circling **all possible** correct endings.

1. Winnie Harlow had a difficult childhood and did not have many friends
  - a. because of a skin condition that made her look different from others.
  - b. because other children were jealous of her exceptional talents.
  
2. Being bullied, facing failures, going through traumatic incidents, and such factors can cause
  - a. a child to have a negative view of himself or herself.
  - b. a child to lead an unhappy life.
  
3. Winnie initially decided to deal with the alienation and rejection she faced
  - a. by expressing her appreciation of beauty through art.
  - b. by becoming a bully and making up for the hurt she felt by hurting others.
  
4. Winnie turned her life around when she decided that she
  - a. should continue as a bully because that gave her the satisfaction she needed.
  - b. did not have to be the kind of person that others made her feel she was.
  
5. Winnie realised that
  - a. the world did not define her; instead, she defined herself.
  - b. she was what others thought of her and that she could not be anything different.
  
6. If we have negative feelings that prevent us from leading a fulfilling life, we should
  - a. identify the good in ourselves, and not compare ourselves to others.
  - b. know that we do not have to fit into someone else's mould.
  - c. set goals and achieve them one at a time to build confidence in ourselves.