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Class:	Date:

I Like to Care!

An activity of "Tennis legend gets his own coin"

Read **"Tennis legend gets his own coin"** (page 20–21, *What's Up* January 2020). We don't often hear superstars say, in such a simple and straightforward way, "I like to care!" Federer cares deeply about tennis. He also cares about people. The *What's Up* story gives several anecdotes of how he expressed his emotions as a kid and now continues to show he cares. Take moment to think about your own emotional responses to what you care deeply about. Use the four extracts below to draw parallels to what you do in similar situations.

	How tennis superstar Roger Federer responds	How I typically respond in similar situations
1	As a child: "But, the young Federer could not control his temper. When he was frustrated, he threw his tennis racket and sometimes swore."	
2	Growing up: "Madeleine Barlocher, one of his coaches, recalled, ' I remember when he was little and lost a match, and he would try to hide behind the umpire's chair and would not stop crying for more than 10 minutes.'"	
3	Two years ago, at the Australian Open: "The victory left him in tears. 'I was thinking about the outcome all day How would I feel if I lost? How would I feel if I won?' "	
4	These days: "he congratulates his opponents, no matter the result on court."	

Roger Federer is now over 30 years old. When you are his age, would you like to be a gracious, caring adult as well? What are some simple steps you can now take towards becoming the kind of adult you would like to be?