



I Can Be 'Carbon Neutral' Too

An activity of "Buildings go 'carbon neutral'"

The article "Buildings go 'carbon neutral'" (Page 17, *What's Up* October 2019) shares how some buildings are designed to use as little power as possible. Have you wondered how much power you use every day? Track your usage for a day and fill in the table below. Write down the activity (such as "waking up") and device used ("alarm clock").

In the morning <i>e.g. waking up (alarm clock)</i> 	In the afternoon
In the evening	At night 

Now, discuss with your partner two activities for which you can conserve electricity. Write them down below.

Activity 1: _____

I can use less power by _____

Activity 2: _____

I can use less power by _____
