



Name: _____

Class: ____ Date: _____

Quick Poll: Body Images

An activity of "Get used to people's different appearances"

Your body image is your view of how you look. Our body images are influenced by what we think other people see us as. Carry out this poll to find out a little about your peers' body images. Why does this matter? If a person has a positive body image, then that person may be more able to deal with put downs about their looks. Better still, bullies are less likely to pick on that person.

STEP 1: Read "Get used to people's different appearances". You will find this article on page 19 of *What's Up* February 2019, or online at <http://more.whatsup.sg/>. There are also a couple of posters of it at your school.

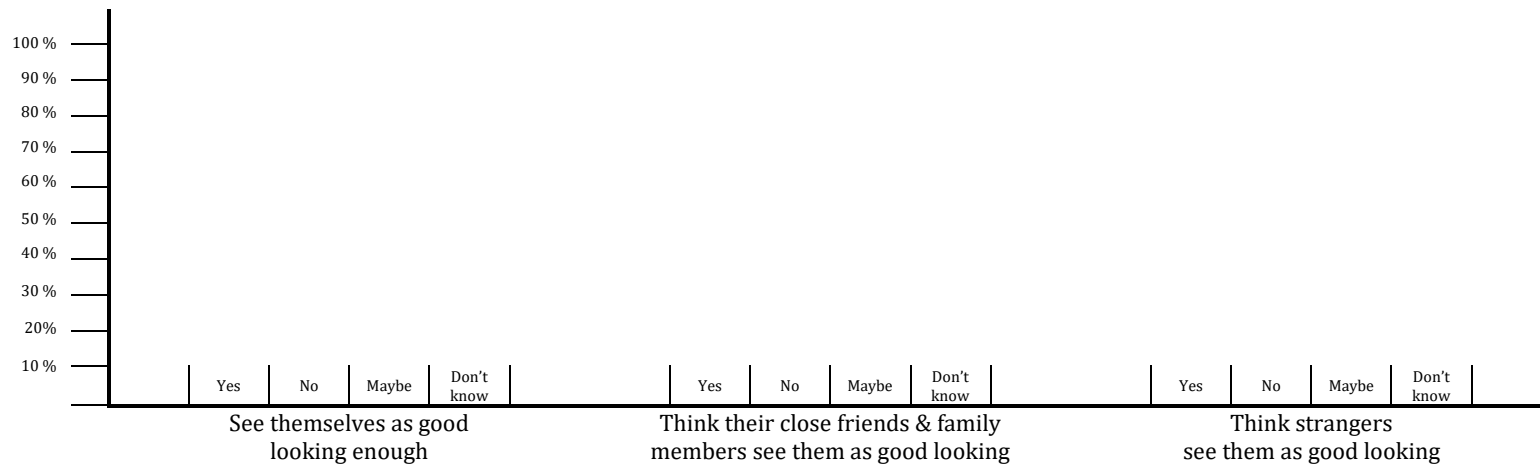
STEP 2: Conduct the poll. Work in groups of three or four members each. Every group member should poll five students (no student should be polled by more than one of you). When you conduct the poll, introduce the topic first. Then, ask the following four questions. Record their answers below.

	Questions to ask the students	1 st student said	2 nd student said	3 rd student said	4 th student said	5 th student said
1	When you stand in front of a mirror, do you see yourself as looking good enough?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know
2	Do you think most of your close friends and family members see you as good looking?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know
3	Would you say that most strangers see you as good looking?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe <input type="checkbox"/> Don't know
4	Could you please comment briefly on your answers?					

STEP 3: Pool your group's data. When all of you have done the polling, collate members' data in the table below. Calculate the percentages.

Responses to our poll questions →	Said, "Yes."	Said, "No."	Said, "Maybe."	Said, "Don't know."	Total polled
1. How many students saw themselves as good looking enough?	____ = ____%	____ = ____%	____ = ____%	____ = ____%	____ = 100%
2. How many students thought their close friends and family members saw them as good looking?	____ = ____%	____ = ____%	____ = ____%	____ = ____%	____ = 100%
3. How many students thought strangers saw them as good looking?	____ = ____%	____ = ____%	____ = ____%	____ = ____%	____ = 100%
4. Summary of comments students gave:					

STEP 4: Construct a bar chart. Use the template below: the bars have been started for you. Based on the percentages your group calculated for each question, extend that response's bar to the correct height. Colour the bars.



STEP 5: Share your results. Present your group's bar chart to your class. Reflect on what these findings say to you about your peers' body images.