

## My Very Own Superhero

An extension of "Superhero parents"

Name: \_\_\_\_\_

Class: Date:

We often fantasise about superheroes and being able to do the things they do. Alas, we know that's impossible! But, **"Superhero parents"** (page 22, *What's Up* August 2018) helps us to realise that we are surrounded by superheroes. In your own way, you might even be a superhero kid yourself.

## **INSTRUCTIONS**

- 1. The table below lists the things real-life superheroes do for you. You may add to the list.
- 2. Discover the superheroes in your life by listing the people who do these things for you. Write their names (or relationship to you) in the top row of each column next to the number. Under each name draw a star against each superhero deed.

Superhero deeds	Superheroes in my life					
	1.	2.	3.	4.	5.	
Cooks for me						
Cleans my home						
Cares for me when I'm sick						
Teaches me good values						
Listens to me talk about my problems						
Makes time for me even when busy						
Makes me feel safe and protected						
Loves me unconditonally						

3. Create and draw on a separate sheet, a superhero character of the person with the most stars. Title it as "**My Very Own Superhero**", add their superhero deeds and some words of appreciation, and present it to your superhero. Watch for the smiles on their faces.

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