



Name: _____

Class: _____ Date: _____

Cheer Up Vouchers

An extension of "Being a young carer"

Caring for others is perhaps the greatest thing one human being can do for another. In the January 2017 issue of *What's Up*, you can read about a group of students who created an app for one special set of carers – young people who are helping to take care of family members. We cannot all create apps like the boys in the story did. But, we can find people around us who are in distress and let them know that we care.

INSTRUCTIONS

1. Read "Being a young carer" (page 10, *What's Up* Jan 2017). Think of four or five different situations that kids you know struggle with.
2. Create Cheer Up vouchers for them by following the steps below.
3. Fold an A4-sized piece of paper into half and then again into a quarter.
4. Draw the outline of a large shape such as a heart, a hand, a star or the sun on one side of the folded paper. Next cut along the outline to get four identical cut-outs in that shape.
5. Use each cut-out as a Cheer Up voucher. On it, write the name of the person you are giving it to, your message and your name. Wisely customise your message according to the challenge that person is facing.

For example, for a friend who failed a Mandarin test, you may write something like "Want a free study buddy for the next Mandarin test? I'm just a phone-call away!"

6. Place each Cheer Up voucher in an envelope and pass it to the person it is meant for. Ask your four voucher recipients to open their envelopes only when they feel sad.